

Please find below, Utah State Parks and Recreation news for June 29:

FOR IMMEDIATE RELEASE

June 29, 2010

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stateparks.utah.gov

**- Utah State Parks Boating Safety Tip of the Week**

**- Upcoming Utah State Parks Events**

**UTAH STATE PARKS BOATING SAFETY TIP OF THE WEEK**

**Salt Lake City** – While boating on Utah's waters, be aware of marine stressors such as heat from the sun, glare off the water, vibration and noise of a boat's motor, and motion caused by waves and wind.

After nearly four hours on the water, these stressors produce a reaction time similar to being under the influence of alcohol. Marine stressors weaken your body and slow your reaction time enough to increase your accident risk. Rest frequently on land to reduce the impacts of stressors on your body.

For more safe boating tips visit [stateparks.utah.gov](http://stateparks.utah.gov) or call (801) 538-BOAT. Wear it Utah!

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**UPCOMING UTAH STATE PARKS EVENTS**

July 21                      Escalante Petrified Forest State Park – Escalante  
Nature Hike - Extreme Survival: Blazing sun, howling wind, freezing nights...How do plants and animals deal with the desert? Learn about extreme survival on a guided one-mile hike. Meet at the visitor center at 9 a.m. (435) 826-4466

July 23                      Escalante Petrified Forest State Park – Escalante  
Evening Program - The Wonderful World of Bats! Bats are one of nature's least understood creatures. Learn the truth about these marvelous masters of the night sky as we watch for bats at the park. Meet at the visitor center at 8 p.m. (435) 826-4466

July 24                      Wasatch Mountain State Park - Midway  
Huber Grove History Tour: Tour historic Huber Grove from 10 to 11 a.m. Visit this beautiful, peaceful area and learn about unique Swiss architecture. Tour is free and open to the public. (435) 654-1791

July 24                      Wasatch Mountain State Park - Midway  
Junior Ranger Program - All About Birds: Children six to 12 are invited to learn about birds and their many amazing adaptations during this one-hour program designed to get kids excited about nature. Meet at the campground office at 1 p.m. (435) 654-1791

July 24                      Wasatch Mountain State Park - Midway  
Pioneer's Pharmacy - Edible and Medicinal Plants: Did you ever wonder what pioneers did about an upset stomach or a burn? What did they snack on while they were out in the fields? Learn about some of the area's plants and their uses at 7 p.m. at the campground amphitheater. (435) 654-1791

July 24                      Escalante Petrified Forest State Park – Escalante  
Junior Ranger Program: Learn about birds through fun games and activities. Practice finding birds using binoculars and a spotting scope and earn a Junior Ranger badge. Meet at the visitor center at 9:30 a.m. (435) 826-4466

July 25                      Dead Horse Point State Park - Moab  
Full Moon Hike: Join park staff for a one-mile hike to watch the full moon rise. Meet at the Neck, about one mile south of the visitor center at 8 p.m. for this hour-long program. Discover animals that are rising as other animals go to sleep for the night. (435) 259-2614

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